

## PHE – MYP 2



\* All units taught in MYP Years 1-5 are continuously being developed and improved to best meet the needs of the students at LIS. Therefore, the following Subject Overview is only a reflection of current plans for the course. Some changes to this document may occur as a result of planning done throughout the academic year.

	Unit	Concepts	Global Context	Statement of Inquiry	Inquiry Questions	MYP Objectives ATL Skills	Content
Unit 1	<b>Strategic Sport Evolution: Navigating Teen Terrain for Success in Adolescence</b>	Development Adaptation Choice	Orientation in space and time  Constraints	Growth and development require the ability to adapt to change, make informed choices, and think creatively in the face of constraints.	<p><b>Factual:</b> How does regular participation in sports contribute to the physical health of teenagers?</p> <p><b>Conceptual:</b> In what ways can playing sports serve as a platform for promoting overall well-being and healthy habits among teenagers during their journey into adolescence?</p> <p><b>Debatable:</b> Should schools make Ultimate Frisbee a big deal in PE classes to help teens stay healthy and make friends as they grow up?</p>	<p><b>Criterion A:</b> iii.</p> <p><b>Criterion B:</b> i.</p> <p><b>Criterion C:</b> i, ii, iii</p> <p><b>Criterion D:</b> i.</p> <p><b>ATL Skills</b> Communication Collaboration Critical-thinking</p>	<p>Ultimate Frisbee &amp; Flag Football skills:</p> <ul style="list-style-type: none"> <li>• Basic Attack Tactics</li> <li>• Basic Forehand</li> <li>• Hammer throw</li> <li>• Cutting</li> <li>• Marking</li> <li>• Defense</li> <li>• Spirit of the Game Endzone Awareness</li> </ul> <p>Developing Movement Concepts and Strategies</p> <p>Rules and Fair Play</p> <p>Physical Health Benefits</p> <p>Ethical Considerations and Athlete Health</p> <p>Teamwork and Communication</p> <p>Texts/Resources: Ultimate discs Flag football Field markers/cones Goalposts</p>

							<p>Rulebooks/guides Scoreboards or scorekeeping materials Whistles. Practice drills and playbooks Coaching resources and instructional videos</p>
Unit 2	<p><b>Slam Dunking Emotional Intelligence in Basketball</b></p>	<p>Relationship Interaction, Perspective</p>	<p>Identities and Relationships Health and wellbeing</p>	<p>Understanding and using emotions in sports improves the relationships and interactions with teammates and directly impacts our health and well-being.</p>	<p><b>Factual:</b> How does the practice of emotional intelligence in basketball contribute to improved communication and collaboration among teammates?</p> <p><b>Conceptual:</b> To what extent does the development of empathy and emotional intelligence in sports contribute to an individual's overall well-being and success in life?</p> <p><b>Debatable:</b> Is emotional intelligence more crucial for success in team sports like</p>	<p><b>Criterion A:</b> ii., iii. <b>Criterion B:</b> i., ii. <b>Criterion C:</b> i., iii. <b>Criterion D:</b> ii., iii.</p> <p><b>ATL Skills:</b> Collaboration Communication Affective Creative-thinking</p>	<p>Basketball skills:</p> <ul style="list-style-type: none"> <li>Developing Basketball skills (dribbling, shooting, passing)</li> <li>Basic Gameplay strategies</li> <li>Communication, teamwork, sportsmanship on court.</li> </ul> <p>Understanding emotions and their impact on interactions.</p> <p>Resolving conflicts and showing empathy.</p> <p>Managing stress and fostering positive relationships.</p> <p>Texts/Resources: Basketball hoops Basketball balls Cones Bibs/Pinnies</p>

					basketball than in individual sports, and why?		Whistle First Aid Kit Gymnastics mats Cones/markers Educational videos Computers/tablets
<b>Unit 3</b>	<b>Redefining Strength: Building Resilience Through Substance Awareness</b>	Change Function, Systems	Globalization and sustainability Health Equity	Change within functional systems directly influences health equity, emphasizing the importance of fostering resilience and substance awareness.	<p><b>Factual:</b> What are some examples of substances that people should be aware of, and how can these substances impact our health?</p> <p><b>Conceptual:</b> How does understanding the systems and functions related to substance awareness contribute to making healthier choices?</p> <p><b>Debatable:</b> Do you think promoting health equity globally is everyone's responsibility, and how can an understanding of substance</p>	<p><b>Criterion A:</b> i.</p> <p><b>Criterion B:</b> ii.</p> <p><b>Criterion C:</b> i.</p> <p><b>Criterion D:</b> ii., iii.</p> <p><b>ATL Skills</b> Critical-thinking Communication Collaboration Reflection</p>	<p>Handball:</p> <ul style="list-style-type: none"> <li>Offensive Skills: Pivot, give-and-go, fakes.</li> <li>Developing Dribbling Skills</li> <li>Game Strategies and Tactics</li> <li>Developing Overhand Striking Pattern</li> <li>Interpersonal and Teamwork Skills</li> <li>Effective communication</li> <li>Cooperation</li> </ul> <p>Concepts of Health Promotion</p> <p>Global Health Equity Substance Awareness</p> <p>Decision-Making Skills</p> <p>Texts/Resources: Handballs Coordination ladder Balance board Hurdles Hoops Goals</p>

Добавлено примечание ([SAB1]): @Anze Damjan are there any resources needed?

					awareness contribute to this goal?		Cones Bibs/Pinnies Whistle First Aid Kit Educational videos Computers/tablets
<b>Unit 4</b>	<b>Floorball and Unity in Diversity</b>	Communication Energy, Movement	Personal and cultural expression Unity Exploration	Exploring unity through communication, energy, and movement fosters holistic well-being and collaboration.	<p><b>Factual:</b> What is unity?</p> <p><b>Conceptual:</b> How does working together as a team promote unity and success in sports and health activities?</p> <p><b>Debatable:</b> Should physical education classes focus more on individual improvement or team collaboration for overall success?</p>	<p><b>Criterion A:</b> i.</p> <p><b>Criterion C:</b> ii.</p> <p><b>Criterion D:</b> i.</p> <p><b>ATL Skills</b> Communication Information literacy Critical-thinking</p>	<p>Floorball:</p> <ul style="list-style-type: none"> <li>• Rules and Regulations</li> <li>• Basic tactics</li> <li>• Passing, dribbling, shooting, defense</li> <li>• Teamwork</li> <li>• Collaboration</li> <li>• Adaptability Performance reflection</li> <li>• Individual and team development.</li> </ul> <p>Identity exploration</p> <p>Effective communication</p> <p>Diverse perspectives Health topics</p> <p>Personal Wellness Plan</p> <p>Reflective evaluation</p> <p>Diversity understanding</p> <p>Texts/Resources: Floorball sticks</p>

							Floorballs Goals Cones Bibs/Pinnies Whistle First Aid Kit Cones/markers Educational videos Computers/tablets
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